

PROCEEDINGS OF THE 19TH ANNUAL MEETING OF THE AMERICAN SOCIETY OF ADLERIAN PSYCHOLOGY

The 19th Annual Meeting of the American Society of Adlerian Psychology was held at Timberline Lodge, Mount Hood, Oregon, May 28 through May 31, 1971, with the Oregon Society of Individual Psychology as host organization. The Program Committee consisted of Genevieve Painter, chairman, Betty Jane Overholt, and John W. Markwell. Over 200 persons participated.

Both the location and the hosts of this meeting merit special mention. Mt. Hood, 11,245 feet high, is the focal point of the Cascade Range, in the heart of the Mt. Hood National Forest, and the Lodge is precisely at the timberline. The spacious, informal hospitality of the Lodge, and the beauty and ruggedness of the terrain and the climate made for a togetherness among participants which was quite generally noted and appreciated. It was also fitting that the host organization should have been one of the oldest and most active and effective of the regional Adlerian groups. The arrangements, probably more complicated than for any previous ASAP meeting, were excellently ordered by the Oregon Society of Individual Psychology committee: Stephen Swenson, chairman; Maurice Bullard, assistant to chairman; Marci Ling, reservations; Nancy Percy, general coordinator; Floy Pepper, demonstrations; Sue Meredith and Ron Williamson, registration and transportation. Cooperating West-coast local groups were Cranbrook and Vancouver, Berkeley and Los Angeles, Portland and Eugene, Provo and Salt Lake, Bellevue and Seattle, and Wenatchee,

The Society elected the following to the board of directors for a three-year term: Kurt A. Adler, Oscar C. Christensen, Rudolf Dreikurs, Leo Gold, Robert L. Powers. All of these were re-elected, having completed one three-year term and being eligible for re-election. Directors continuing in office are: Rowena R. Ansbacher, Maurice L. Bullard, Bernice Grunwald, Marven O. Nelson, Helene Papanek, Walter E. O'Connell, Bina Rosenberg, Donald B. Welti, Robert G. Willhite, and past president, W. L. Pew.

The board elected the following officers of the Society to serve for the coming year: Walter E. O'Connell, president; Robert G. Willhite, secretary; Helene Papanek, treasurer; Leo Gold, first vice-president; Robert L. Powers, second vice-president.

The membership chairman, Robert Bartholow, announced the election of 58 new members: 29 active, 22 associate, 6 auxiliary, and

1 corresponding. Two associate members were advanced to active membership.

Three associations were accepted as affiliates of ASAP: the Toronto Association of Individual Psychology, the Midwest Society of Individual Psychology, and the Western Institute for Research and Training in Humanics.

Program

General Theme:

“New Techniques and Trends of Adlerian Psychology”

Friday Afternoon and Evening, May 28

Board of Directors Meeting. Open to members.

Film: “Individual Psychology in Counseling: A Demonstration with a Parent, a Teacher, and a Child” by Rudolf Dreikurs, M.D. Distributed by APGA Film Sales, 1607 New Hampshire Avenue, NW, Washington, D.C. 20009.

Registration—Dinner—Social Hour

Meeting of Representatives of Family Education Centers and Study Groups

Board of Directors Meeting continued.

Saturday Morning, May 29

Welcome: MAURICE L. BULLARD, M.S., *Corvallis, Ore.*

Presidential Address: W. L. PEW, M.D., *Sr. Paul, Minn.*

Symposium: Religion and Adlerian Psychology. ROBERT L. POWERS, B.D., *Chicago, Ill.*, chairman; G. HUGH ALLRED, Ed.D., *Brigham Young University*; W. DALTON SALISBURY, S.S.J., *Texas Southern University*; REV. THOMAS R. WRIGHT, *Minneapolis, Minn.*; SISTER DOMINIC, S.P., *Portland, Ore.*

Paper Session: FLOY C. PEPPER, M.S., *Portland, Ore.*, coordinator.

Redesigning an Entire School System along Adlerian Lines. HAROLD H. MOSAK, Ph.D., *Roosevelt University.*

Use of Videotape Playback as an Adjunctive Technique in Interpreting the Mistaken Goals of High School Students with Emotional Problems. EDWARD J. KLAPMAN, M.D., and VIRGINIA MANN, M.S.W., *Highland Park, Ill.*

An Adlerian Concept of Resistance. HELENE PAPANEK, M.D., *New York, N.Y.*

Saturday Afternoon, May 29

Paper Session: RAYMOND N. LOWE, Ed.D., *University of Oregon*, coordinator.

Graffiti Therapy. DOROTHY PEVEN, M.S.W.; ANN MOYER, R.N.; and BERNARD H. SHULMAN, M.D., *Chicago, Ill.*

Research and Measurement in Family Counseling. D. EUGENE MEAD, Ed.D., *Brigham Young University.*

Measuring Children's Goals in Interaction with Their Mothers. RICHARD W. CANTRELL, *Brigham Young University.*

Training Mothers to Cope with the Power Goal in Young Children. CAROL THORNOCK, *Brigham Young University.*

Training Mothers to Cope with Attention-Getting Behavior in Young Children. KAREN STOVER, *Brigham Young University.*

Coffee Break

Demonstration: Life Style Analysis. HAROLD H. MOSAK, Ph.D., *Roosevelt University*.

Social Hour

Film: Repeat of above Film.

Saturday Evening, May 29

Banquet: A New Look at Old Counselors. O. C. CHRISTENSEN, Ed.D., *University of Arizona*, speaker.

Visits with Senior Adlerians.

Sunday Morning, May 30

Paper Session: ROBERT BARTHOLOW, M.S.W., *Minneapolis, Minn.*, coordinator.
Humor in Adlerian Theory. WALTER E. O'CONNELL, Ph.D., *V.A. Hospital, Houston, Texas*.

Volunteer Training Program. W. L. PEW, M.D., *St. Paul, Minn.*

Eight Confrontation Techniques. BERNARD H. SHULMAN, M.D., *Chicago, Ill.*

Marathons Based on Theory and Practice in Contemporary Individual Psychology. LUCY K. ACKERKNECHT, Ph.D., *West. Inst. for Training & Res. in Humanics*.

Demonstration: Family Council. JOHN M. PLATT, Ed.D. *San Fernando Valley State College*.

Sunday Afternoon, May 30

Concurrent Paper Session 1: ROBERT G. WILLHITE, M.S.W., *Minneapolis, Minn.*, coordinator.

Adler's Quantum Theory. RUDOLF DREIKURS, M.D., *Chicago, Ill.* Read by Dr. W. L. PEW.

On the Background of the Name, "Individual Psychology." HEINZ L. ANSBACHER, Ph.D., *University of Vermont*.

Discussants: WALTER E. O'CONNELL, Ph.D.; ROBERT L. POWERS, B.D.; KURT A. ADLER, Ph.D., M.D.

Concurrent Paper Session 2: MAE BELLE DOTY, M.S.W., *Minneapolis, Minn.*, coordinator.

The Influence of Adlerian Counseling on Familial Adjustments. SEYMOUR P. STEED, Ed.D., *Provo, Utah*.

Efficacy of the Adlerian Model in Elementary School Counseling. JOHN M. PLATT, Ed.D., *San Fernando Valley State College*.

Alfred Adler's Individual Psychology: Its Philosophical Implications for Counseling and Treatment in Social Work. RENA TAUB, *Valley Stream, N.Y.*

The FK Personality: The Person Who Compares Himself Against. GERALD J. MOZDZIERZ, Ph.D., *V.A. Hospital, Hines, Ill.*

Coffee Break

Demonstration: Family Counseling. W. L. PEW, M.D., and MIRIAM PEW, M.S.W., *St. Paul, Minn.*

Social Hour

Film: Repeat of above Film.

Sunday Evening, May 30

General Meeting, American Society of Adlerian Psychology.

BOOK REVIEWS

"THE FOUR GREATS" OF DYNAMIC PSYCHIATRY¹

HENRI F. ELLENBERGER. *The Discovery of the Unconscious: The History and Evolution of Dynamic Psychiatry*. New York: Basic Books, 1970. Pp. xvi + 932. \$15.00.

Henri F. Ellenberger is a Swiss psychiatrist, professor at the Université de Montréal. He is known for his publications in the history of psychiatry [and also as co-editor with Rollo May and Ernest Angel of *Existence: A New Dimension in Psychiatry and Psychology*].

With his history of dynamic psychiatry he has now produced not only the largest but also the most thorough and most objective contribution to the more modern history of psychotherapy. Much of what had been written heretofore was mythology rather than history.

The term "dynamic psychiatry," according to the author, permits half a dozen different interpretations, but is best understood here as the equivalent of "psychological treatment of functional mental disorders." Concentration on the unconscious, which provides the title of the book, is probably what the various trends of dynamic psychiatry have in common.

The first part of the book deals with the ancestors of dynamic psychiatry, i.e., psychotherapy of the primitives: exorcism, which Ellenberger traces into the 19th century; confession; temple medicine; magic; psychic gymnastics of philosophical schools; and *Seelsorge* (pastoral caretaking). Ellenberger's thesis that certain traits of modern psychotherapy have an undeniable similarity with primitive therapeutic methods will be less contested today than it was 25 years ago when I defended it against Adolf Meyer.

Ellenberger begins his *History of Dynamic Psychiatry* with Franz Anton Mesmer (1734-1815), the inventor of so-called animal magnetism. He rightfully considers it symbolic that Mesmer replaced the last great exorcist, Father Johann Joseph Gaston, as the favorite of the ruling classes.

For some students of Mesmer animal magnetism became hypnotism. Through them a powerful movement was initiated in France which, however, found no official recognition until 1880 through Charcot and the Nancy school. In Germany the Romantics took up Mesmerism. The spiritualist epidemic which started in the United States in 1847 and spread all over the world of course also took hold of Mesmerian circles.

Ellenberger contends that from 1775 to 1900 there did exist a first dynamic psychiatry, which, however, only Pierre Janet acknowledged. Dynamic psychiatry did not begin with Janet, Freud, Adler, or Jung, and many insights of the first school were taken over by its successors. The central point of the first dynamic psychiatry was hypnosis which was studied or, practiced, in all its aspects, e.g., as an anesthetic in surgery. Ellenberger shows the extraordinary

¹Translated, with minor omissions, from the *Neue Zürcher Zeitung*, October 25, 1970, p. 53, by permission.