

## NEWS AND NOTES

*Problems of Neurosis: A Book of Case Histories* by Alfred Adler, first published in 1929 from lectures in English, edited by Philip Mairet, and long out of print, has now been republished as a Harper Torchbook paperback from the original plates. The original introduction by F. G. Crookshank has been replaced by a new introduction of 18 pages by H. L. Ansbacher discussing the present-day significance of Adler; his personality theory; his views of mental health, neurosis, and psychotherapy; his life; and the book itself. An up-to-date Adler bibliography and an index conclude the volume which totals 206 pages. Price: \$1.75.

The *Lydia Sicher Memorial Fund* of the American Society of Adlerian Psychology was established a year ago, one year after her death on April 2, 1962. A committee has now been formed to enlarge the fund, with Rudolf Dreikurs and Paul Brodsky as co-chairmen. The purpose of the fund is to further Individual Psychology through: scholarships and financial aid to professionals who are training in Adlerian psychology; support of publications, workshops and conferences, and research; and Lydia Sicher Memorial Lectures at colleges and universities. The committee requests that suggestions be sent to its secretary, Mrs. Marshall Somerville, Institute for Individual Psychology, 9581 West Pico Boulevard, Los Angeles, California 90035, and that contributions be sent to the treasurer of the Society, Dr. Oscar Pelzman, 107 North Ocean Avenue, Patchogue, New York. Donations are tax deductible.

*Paul Brodsky* will teach a graduate extension course this fall in "Parent-Child Interaction" at the University of California, Los Angeles, in addition to the course in "Development in Early Childhood" announced in our last issue. The new course is announced as "planned especially for school guidance personnel, principals, social workers, as well as teachers interested in Adlerian theory." The course includes observation of parent-group sessions at the Los Angeles Alfred Adler Counseling Center.

*Don Dinkmeyer* is the author of a 5-page article on "Conceptual Foundations of Counseling: Adlerian Theory and Practice," *The School Counselor*, 1964, 11 (3), March.

*Rudolf Dreikurs* was visiting professor of psychology and guidance at Southern Illinois University, Alton, during the 1964 spring semester, working in a counselor training program with some 125 students. During August he participated in Adlerian workshops in Corvallis, Oregon, and in Chicago. This fall he will be in Israel where he will teach two courses at Tel-Aviv University, and at Bar-Ilan University.

*Alfred Farau*, associate dean, Alfred Adler Institute, New York, has recently been honored in having the Austrian Federal President Dr. Adolf Schaerf bestow on him the title of professor. "Professor Farau was honored for his many achievements in scientific as well as cultural fields" (*Austrian Inform. Serv.*, June 15, 1964).

*Viktor E. Frankl* was elected president of the Austrian Medical Society of Psychotherapy at its 14th Annual Meeting in Vienna, March 24, 1964.

"*Rudolf Allers, Philosopher and Psychiatrist*," was the title of a paper read by His Excellency Archbishop Professor Jachym and Professor V. E. Frankl at a meeting of the Austrian Medical Society of Psychotherapy. Allers had at one time been an intimate friend of Adler. He is presently professor of philosophy and psychology, Georgetown University.

*Politische Psychologie* is a new series edited by Wanda von Baeyer-Katte, G. Baumert, W. Jacobsen, T. Scharmann and H. Wiesbrock, editorial office: K. D. Hartmann, Rheinstrasse 48, Wiesbaden, Germany, and published by Europaeische Verlagsanstalt, Elbestrasse 46, Frankfurt a/Main, Germany. The first issue, of 108 pages (DM 16.00 paper), appeared in 1963. It opens with a foreword by W. Metzger expressing hope that the new series may participate in the development of politically responsible democratic citizens and leaders. This is followed by a definition of political psychology by W. Jacobsen; a brief tribute by Anitra Karsten to K. Lewin, pioneer in this field through his study with R. Lippitt and R. White on leadership styles; and an appreciation of Willy Hellpach's work by H. Wiesbrock. The two largest contributions deal with political attitudes in present-day Germany and concepts about communism, by W. Jacobsen and H. E. Wolf, respectively. The issue concludes with a brief, very thought-provoking consideration of "Opposition and partnership" in political life by the late M. Simoneit.

*Psychologische Menschenkenntnis* is a new journal published by Friedrich Liebling and Josef Rattner of the Psychologische Lehr- und Beratungsstelle, Stationsstrasse 33, Zurich 3, Switzerland. The first issue of 32 pages was published in July, 1964. According to the preface the journal is addressed to the general reader to provide him with insights of depth psychology in nontechnical language. The journal is apparently intended to be a monthly. One of the editors, Josef Rattner, is an Adlerian. Thus we find a page of principles of education by Alfred Adler and a page of suggestions to the educator when to remain silent toward the child, by Alice Friedmann.

### JOHANNES NEUMANN, 1897-1964

Dr. Johannes Neumann, psychotherapist and member of the German Society for Psychotherapy, died on April 6, 1964, in Bonn, Germany, after a long illness. He is survived by his wife, who is also a psychotherapist, and three children.

Dr. Neumann was one of the leading Individual Psychologists in Germany, trained by Leonhard Seif in Munich, after university studies in philosophy, theology, and psychology. A man of gentle and kindly manner, his interests centered in the neuroses and the connection of psychological theory with art, philosophy and religion. One of his early contributions was a volume which he edited, on psychotherapy for ministers, based on Individual Psychology (5). Before this he had edited a volume on problems of everyday living (4) to which Adler made a contribution (1) which subsequently appeared in English (2). Among Dr. Neumann's numerous papers in the Adlerian journal and others are two on Kierkegaard (10,11), and one on expressionism as life style (6).

In 1938 *Leben ohne Angst* (7) appeared, a book of practical guidance, bringing Individual Psychology into relationship with existentialism. Published during the Nazi regime, the book mentioned neither Adler nor Individual Psychology

But in the first postwar edition (9) full recognition was given, as had been done in the original Dutch edition (8) ten years earlier.

Dr. Neumann's major work, on the nervous character and its cure (12), appeared in 1954. In reviewing this book Dr. Dreikurs commented:

Dr. Neumann has not only presented an exemplary picture of Individual Psychology, in which no fundamental aspect remains neglected or unclarified; but he has also integrated his own thinking with that of his predecessors. . . . In addition, the material is compared throughout with contemporary thought, and is traced to its ideological sources in philosophy. . . . It is obvious that the author recognized the affinity of Adlerian psychology with existential philosophy long before this occurred to us in the United States. . . . The book's publication in English would be most desirable (3, p. 95).

#### REFERENCES

1. ADLER, A. Die Individualpsychologie als Weg zur Menschenkenntnis und Selbsterkenntnis. In J. Neumann (Ed.) *Du und der Alltag*. Berlin: Warneck, 1926. Pp. 211-236.
2. ADLER, A. Individual Psychology: a new way to the understanding of human nature. *Psyche*, London, 1927, No. 28, 46-63.
3. DREIKURS, R. Review of J. Neumann, *Der nervoese Charakter und seine Heilung*. Stuttgart: Hippocrates Verlag, 1954. *J. Indiv. Psychol.*, 1960, 16, 94-96.
4. NEUMANN, J. (Ed.) *Du und der Alltag: eine Psychologie des taeglichen Lebens*. Berlin: Warneck, 1926.
5. NEUMANN, J. (Ed.) *Einfuehrung in die Psychotherapie fuer Pfarrer auf individualpsychologischer Grundlage*. Guetersloh: Bertelsmann, 1930.
6. NEUMANN, J. Expressionismus als Lebensstil. *Z. angew. Psychol.*, 1932, 43, 414-460.
7. NEUMANN, J. *Leben ohne Angst: Psychologische Seelenheilkunde*. Stuttgart: Hippocrates Verlag, 1938.
8. NEUMANN, J. *Leven zonder angst: psychologie en psychotherapie van den modernen mensch*. Amsterdam: Kosmos, 1938.
9. NEUMANN, J. *Leben ohne Angst: Psychologische Seelenheilkunde*. 6th ed. Stuttgart: Hippocrates Verlag, 1948.
10. NEUMANN, J. Kierkegaards "Pfahl im Fleisch." *Int. Z. Indiv. Psychol.*, 1949, 18, 7-13.
11. NEUMANN, J. Soeren Kirkegaards Individuationsprozess nach seinen Tagebuechern. *Z. Psychother. med. Psychol.*, 1952, 2, 152-168.
12. NEUMANN, J. *Der nervoese Charakter und seine Heilung*. Stuttgart: Hippocrates Verlag, 1954.

#### JOURNAL PUBLICATIONS

[BRY ILSE.] "Bibliographical challenges in the age of the computer." *Ment. Hlth Book Rev. Index*, 1964, 9, i-v.—In this editorial the author makes among other points the plea that to be most helpful to bibliographers and scholars, publishers and authors should make the title page of a book as descriptive of its contents as possible. This stipulation is often violated to stimulate the interest of a wider public. To remedy this, the *Mental Health Book Review Index* will supplement a book's title when this seems indicated. E.g., to Nuttin, J. *Psychoanalysis and personality: a dynamic theory of normal personality*, there was added in brackets: [with an appendix: Adler's Individual Psychology]. The editorials in this *Index* as well as the *Index* itself, continue to be of very real interest to all who have a scholarly interest in books and bibliography. The *Index* address is c/o Lois Afflerbach, Queens College Library, Flushing, N. Y. 11367.

DREIKURS, R. "The impact of equality." *Humanist*, 1964, 24, 143-146.—"Once we assume . . . a courageous and . . . humble attitude, no longer working for our personal glory but toward what we can contribute to the benefit of all, then we can deal with our fellow man as an equal."

LEHRMAN, N. S. "After the fall the fall continues." *Reconstructionist*, 1964, 30(6), 20-26.—According to Arthur Miller's play, *After the Fall*, "the 'fall' is its autobiographical hero's withdrawal from personal and social responsibility, caused by his psychoanalytically-rationalized abandonment of courage, and denial of moral law."

MACKLER, B., & SHONTZ, F. C. "An assessment of sensory style." *Percept. mot. Skills*, 1964, 18, 841-848.—Essentially the same paper as abstracted on p. 262.

NIKELLY, A. G. "The psychologic problems of democratization." *Amer. J. Psychother.*, 1964, 18, 52-58.—" 'Libidinal cathexes' and 'repressions' may have been fascinating concepts in nineteenth century Vienna. Today we are confronted with a different set of variables: fear of defeat, striving, conformity, rebellion, loneliness, dominance, competition, submission, compensation, and feelings of basic inferiority. They are more parsimonious and are subject to conscious experience."

O'CONNELL, W. E. "Rehabilitation and behavior: psychotherapy in the community." *J. Ass. phys. ment. Rehabil.*, 1964, 18(4), 107.—We need to go beyond psychotherapy "designed quite unwittingly for the well motivated patient of at least middle class status," in which direction "no one in the past except Alfred Adler has turned a theoretical eye . . ."

PAPANEK, E. "Management of the acting-out adolescent." *Amer. J. Psychother.*, 1964, 18, 418-434.—Acting out is defined as resorting to violent and destructive emotional actions and reactions. It is usually the result of frustrations brought about by privation, failure, rejection, disadvantage, etc. Such an adolescent needs the opportunity for positive human relationships. Education, correction, and therapy must be "a perpetual dynamic process of understandable and acceptable socialization."

ROM, P. "Understanding human behaviour: Alfred Adler's key to the problem." *Mon. Rec.*, South Pl. Ethical Soc., Conway Hall, London, WC 1, 1963, 68(12), 16-18.—"Every particular act of behaviour which we can observe is a point on a line coming from a felt 'minus' and leading to a desired 'plus.' Unless we have earnestly investigated and understood the individual's dynamism within his real and very complete existence we have not understood a person and could, in case of need, not really help."

SHULMAN, B. H. "Psychological disturbances which interfere with the patient's cooperation." *Psychosomatics*, 1964, 5, 213-220.—A listing of nine dangers which may be perceived by the physically ill patient in relation to his physician, such as learning that one has a certain physical defect, being exposed, incurring disapproval in various ways, etc., and of some twenty defenses which the patient may employ to allay such fears. Among the latter are excessive self-control, retreat, self-disparagement, sideshows, rationalization, etc.

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