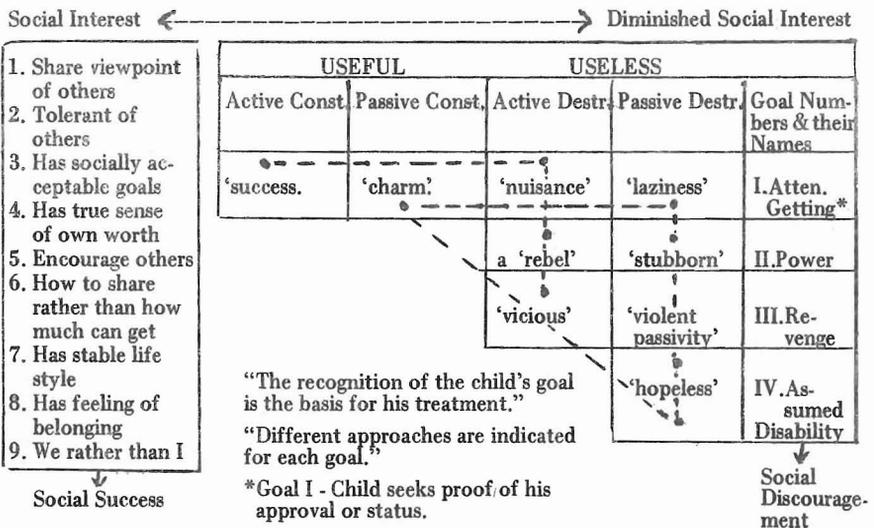


and learned misbehavior. But even within these motivating conditions the immediate purpose of misbehavior can be revealed in one of the four goals.

Even though many Adlerians practice successfully without having trained in the four "goals" of misbehavior, the teacher, counselor, and parent do seem to find the four-goal concept of value. When the skillful use of this technique is demonstrated by Dr. Dreikurs whereby quick and effective results are secured, one must wonder if the well-trained Adlerians aren't the ones who could profit most by mastering the technique of the Four Goals.

1. A paper by Dr. B. Grunwald pointed out that the four goals were originally formulated as a frame of reference for teachers, counselors, and parents through which they could effectively understand the immediate purpose of the misbehaving child and take counteraction. Instead of concentrating on the act of misbehavior, the focus was shifted to the child's mistaken values or biases as he interprets his situation and experiences. The teacher and parent then attempt to see his world through his eyes.

IDENTIFYING THE GOALS OF MISBEHAVIOR



NEWSLETTER

by Eve Bullard, Corvallis, Oregon

These last six months can be designated as a period of notably increased acceptance of the Individual Psychology of Alfred Adler, and this newsletter will briefly relate events in support of this statement.

DR. DREIKURS IN ISRAEL AND EUROPE

Dr. and Mrs. Rudolf Dreikurs spent a stimulating and productive 3½ months from late October to February 18 in Israel. Ten classes at Bar Ilan University and the Alfred Adler Institute of Israel, plus many additional lectures and demonstrations requested by other groups, kept Dr. Dreikurs busy. His most recent book to be translated into Hebrew, *Equality: The Challenge*, was featured with *Children: The Challenge and Marriage: The Challenge* in all the bookstores. The newly formed Association for the Improvement of Human Relations will create study groups to meet the popular demand.

After a few days in Vienna, Dr. and Mrs. Dreikurs went to Zurich to conduct a week of classes. Their week in Germany included a reception in Hamburg given by the publishers of

the German translations of his books, radio programs in Munich, Stuttgart, and Frankfurt, and a few restful days at Bodensee with the Erich Bluementhals. In Denmark, the Dreikurs visited Dr. Ruth Holger Neilsen. At the invitation of the USDESEA, Dr. Dreikurs spent a week in London doing a series of programs for BBC. As a result of his talks at their workshop in Chiemsee last October, the USDESEA program is becoming Adlerian slanted.

After a brief stop at the University of Vermont, Dr. Dreikurs is now home in Chicago to begin his first class, Psychotherapy, on April 1, at the Alfred Adler Institute. At the annual meeting of the American Personnel and Guidance Association in Detroit, Dr. Dreikurs will speak as part of a presentation of a demonstration with elementary school children. He will be joined by Dr. Manford Sonstegard, Dr. Don Dinkmeyer, and Dr. Ed Stormer. His summer schedule includes June 17 to July 5 classes at the School of Education, University of Illinois, at Urbana; July 8 to 25 classes at the University of Vermont, in Burlington, where all sessions will be video-taped; and July 29 to August 10 classes at Oregon State University, in Corvallis.

SWITZERLAND

At the annual meeting of the Schweizerische Gesellschaft für Individualpsychologie, Eric Bluementhal was elected president. This society keeps its 80 members informed of events through a two-page newsletter edited by Mrs. Edith Graber. It also staffs a consultation room in Zurich. After his October lecture, "Teacher, Parent, and Children—Friend or Enemy," Bluementhal held three evening seminars, each for 20 teachers and 40 parents. Other persons prominent in promoting Individual Psychology are Dr. and Mrs. Victor Louis, Dr. Christoph Wolfensberger, and Dr. Muller. From February 26 to March 1, a week of lectures and demonstrations was conducted with Dr. Dreikurs as leader. In Zurich Dr. "D" made a series of 12 radio programs for the Armed Forces Network. Arrangements for this had been made by Boyd Reynolds of Kaiserslautern, the individual responsible for Dr. "D's" initial meeting with the USDESEA last fall.

GERMANY

With the recent German edition of *Psychology in the Classroom*, much newspaper publicity has been given to Individual Psychology. In a review of this book, the *Frankfurt Zeitung* recommended that it should be at the "bed table" of every teacher—apparently most Germans read in bed. Dr. Wolfgang Metzger of the University of Muenster is president of the German Adlerian Society, which sponsored a week-long seminar, October 7-15, at Muenster, and a late October workshop in Aachen, with Dr. Dreikurs as consultant. Eric Bluementhal, who last fall conducted a workshop for all teachers in Lichtenstein, has been invited to do the same for a large group of teachers in Hamburg. In the Schlesweig-Holstein area the supervisor of all family counseling centers is so enthusiastic about Individual Psychology that he is coming to Chicago to study. Parent study groups are becoming more popular in both Germany and Switzerland.

GREAT BRITAIN

In London, Paul Rom, editor of the "Newsletter" of the International Association of I.P., continues the tremendous task of condensing and assembling contributions in order to give world-wide coverage to the events and publications of Adlerians. David W. Evans of the Luton area is conducting a requested second weekly group counseling series for 30 families. In Birmingham, Miss Josephine Brown has a group studying I.P. principles. And so the work continues to grow.

NEW YORK

Dr. Kurt Adler of the New York Alfred Adler Institute began a series of 14 lectures on the Individual Psychology of Alfred Adler at Rockland Community College, on February 15. Dr. Marvin Nelson, chairman of the psychology department, reports a "Standing Room Only" response to these lectures. Danica Deutsch, executive director of the Alfred Alder Mental Hygiene Clinic of New York, is teaching a 15-week workshop entitled "How to Make the Most of the Middle Years." The Women's Division of the Clinic, under the leadership of Mrs. Shoobs, is sponsoring a monthly lecture series offering some outstanding speakers.

ILLINOIS

The Alfred Adler Institute of Chicago, which enlarged its staff this fall, lists an impressive calendar of events, classes, and staff activities in its 6-page "Newsletter" for March. Dr. Bernard H. Shulman discussed his new book, "Essays in Schizophrenia" at the February

meeting of the Academy of Religion and Mental Health of Greater Chicago. In April, he addressed the school administration of Dayton, Ohio, on "How Teachers Can Motivate Children." Beginning in April, Mrs. Adaline Starr will conduct a Psychodrama seminar for three months with staff and patients in the Adolescent Unit of Elgin State Hospital. Mrs. Bernice Grunwald will teach at Rockford College in June. In July, she will serve as a consultant in the Department of Guidance and Counseling at the University of West Virginia, and in August, she will teach in Israel. Dr. Don Dinkmeyer, whose latest book is *Guidance and Counseling in the Elementary Schools: In Theory and Practice*, has speaking engagements which will take him to Florida, Georgia, and Wisconsin. The "North Side News" of the Family Education Association publicizes the study group work, leaders' workshops, and I.P. activities in that area. A Family Education Association meets each Saturday morning in Urbana; it is supported by Dr. O. Hobart and Dr. Willie Mae Mowrer, Dr. Genevieve Painter, the Rev. Alexander McEachern, and school psychologists and study group leaders. Interest radiates to nearby states.

INDIANA

One of the states stimulated by the work in Illinois is Indiana. The Rev. Homer Kiracofe directs a rapidly growing Parent Education Program in Plymouth. Its cleverly illustrated "News Notes" keeps members aware of classes, counseling sessions, and special speakers, Dr. Bina Rosenberg and Margaret Goldman of Chicago, to mention two. A five-member panel shared experiences in the Child Guidance radio program over Station WTCA. As the result of Mary Rhode's and Marie Lentz's attending classes given by Rev. Kiracofe at Nappanee, a new Counseling Center opened at Elkhart on March 7.

OHIO

A monthly "Newsletter" publicizes the activities of the Miami Valley Society of Individual Psychology. Group counseling demonstrations with adolescents and role playing were topics of two monthly meetings. An active Parent Study Group program is being conducted in the Dayton area.

MINNESOTA

The Minnesota Society of I.P., which was organized this fall with 25 charter members, continues to grow under the leadership of its president, Bob Willhite. Dr. W.L. Pew and his wife, former Oregon Adlerians, are actively promoting the work in Minneapolis at a Parent Education Center in the Wesley Methodist Church. They are also training leaders, conducting psychodrama sessions, and are popular speakers. Dr. Dreikurs will conduct a workshop for the Minnesota Society on May 18. Robert Bartholow is setting up a Parent Education Center at the Hennepin Methodist Church.

DELAWARE

Associates for Study and Action of Wilmington is a group which actively concerns itself with community problems. It was instrumental in the establishment of the Child Guidance Center in New Castle. The group is now investigating the possibility of sponsoring a Family Education Center for family counseling. Leadership workshops, parent study groups, and ASA meetings are announced in a monthly "Newsletter" which contains reprints of current articles. Their March meeting was planned around the motion picture "Nobody Waved Good-bye," which depicts the dilemma of the generation gap. A speaker's bureau and an extensive library of tapes and printed materials are maintained by ASA. The Study Group Leaders' "Manual for Children: The Challenge," of which Vicki Soltz is co-author, is in its second printing, and has also been translated into Hebrew for the lay groups in Israel.

WEST VIRGINIA

Dr. Manford Sonstegard, noted for his counseling ability, demonstrated with elementary school children at Jackson's Mill, at the West Virginia Association meeting in Buckhannon, for the staff of Southwest Missouri State College in Springfield, and for enrollees of the 1968-9 NDEA Institute on the West Virginia University campus. He will participate in a comprehensive training program for 60 elementary school personnel from June 1 to August 31. Dr. Edward Stormer is furthering the Adlerian movement at the college level by offering classes at West Virginia University.

UTAH

From the Nebo Parent Education Center came a well-worded, enticing announcement of a program for parents. From Springville and Salt Lake came requests for material. So something is happening in Utah.

CALIFORNIA

This large state has three Adlerian Societies. With the Northern I.P. group one associates the name of Dr. Lucy Ackerknecht; with the San Francisco Bay Area Alfred Adler Society it is Ted and Marie Grubbe; and with the Alfred Adler Society of Los Angeles it is Paul Brodsky. The Family Institute of Southern California, at Montclair, publishes an attractive "Newsletter." Dr. Loren Grey is co-author with Dr. Dreikurs of *Logical Consequences: A Handbook of Discipline*, to be published this fall by the Meredith Company.

TEXAS

Texas Technological College of Lubbock will have Dr. Dreikurs as a guest professor from September 16 to January 15. There is still a lively interest in Individual Psychology in Texas.

OREGON

The Oregon Society had two outstanding events this winter. In cooperation with the American Mothers Committee, a Family Living Conference was held in Corvallis on December 9. The theme "Assistance to Mothers and Small Children," chosen by OSIP program chairman, Mrs. Charline Edwards, was explored by the 70 persons attending. A weekend workshop retreat was held March 1-3 at Yachats by the Pacific Ocean. The object was to review films in light of the I.P. principles exemplified and discuss where and how they could be used. Parent study-group work continues to grow and spread to new localities. In the Coquille area, a program of study groups and radio publicity was introduced by Mrs. Frances Claiborne and Robert Dibble, psychology professor at Southwest Community College in Coos Bay. In Corvallis alone, 190 persons have attended groups this winter and spring. OSIP publishes a bi-monthly "Newsletter," maintains a lending library, and supplies materials to educators, study groups, and individuals in many parts of United States.

WASHINGTON

Considerable Adlerian-oriented work is being done in and around Wenatchee as the result of the two summers of sessions given at Wenatchee Junior College by Dr. Manford Sonstegard. The third of this series, financed by a federal grant, will be given this summer. Study group work is growing in widely separated parts of this large state, in Oak Harbor, Sedro Wooley, and Bellevue.

ARIZONA

This fall, a former University of Oregon staff member, Dr. Oscar Christensen, joined the staff of the University of Arizona as a professor of Education in the counseling department. He has opened a Family Counseling Center which is proving popular. Dr. Don Dinkmeyer of Chicago participated in a symposium on elementary school counseling at Mesa and Phoenix, March 21-23.

HAWAII

A Family Counseling Center is being conducted for the third year in Hawaii. Dr. Raymond Corsini and Dr. Harold Kozuma are the consultants for this center. During the summer of 1968 Dr. Dinkmeyer will teach two courses at the University of Hawaii, in Honolulu: "Guidance in the Elementary School" and "Group Process in Guidance."

This account has skimmed only the high points of Adlerian activities over the country. The names of many persons have been omitted for the sake of brevity, and others because they were unknown. Keep up the good work and improve: "Immer besser"—always better.

The Annual Meeting of the American Society of Adlerian Psychology will be held from Friday, May 31, to Sunday, June 2, at the Southern Illinois University Edwardsville Campus, near St. Louis, Missouri. Robert T. Cross, chairman, announced that there will be no papers this year. An address by the president, Dr. Harold H. Mosak, a symposium, a demonstration, membership and board meetings, and a luncheon and social gathering on Saturday evening are on the tentative program.