

Alfred Adler Consultation Center and Mental Hygiene Clinic

SIXTH ANNUAL REPORT

The following facts will illustrate the nature and intensity of the work that was put into the sixth year of existence of the Alfred Adler Consultation Center.

Of 2200 clients, including 337 children and 154 adolescents who applied for help at the Center since its inception in the fall of 1948, 554 were seen during the past twelve months. That is, we serviced more than one-fourth of all our clients in our sixth year.

Since June of last year, 3822 therapy hours were devoted to the alleviation of emotional stress. At this time we have 216 active cases. 118 are seen individually, 31 are in groups in addition to being seen individually, and 57 are in group therapy alone. In addition to individual sessions, 15 groups met 492 times since June 1, 1953. It is impossible to estimate how many administrative hours were spent to make the therapy hours as fruitful as possible and to find the appropriate agencies for the referral of applicants who could no be treated at the Alfred Adler Consultation Center. *Psychological tests* were a routine procedure and helped toward the evaluation of particular cases. There was a frequent exchange of reports and information between the various agencies and the Center. Thus a good deal of *public relations work* was done in this close cooperation—not only with these agencies but also *with other clinics, hospitals, and individual psychiatrists and physicians.*

Among the activities of the Center were the *monthly staff meetings*, chaired by Mr. Ernst Papanek, co-director of the Center. Some of the subjects discussed were:

October, 1953—Demonstration of Clay Modeling. (Ita Rodan)

November, 1953—Discussion, "The Roles of the Initial Interview and Psychological Tests in Therapy." (Gerd Fenchel)

December, 1953—Discussion, "The Initial Interview Questionnaire." (Joseph LeBoit)

January, 1954—Lecture and discussion, "Training in Human Relations." (Willard Beecher)

March, 1954—Review and discussion of Kinsey's "Sexual Behavior in the Human Female." (Dr. Albert Reissner)

May, 1954—Review of Ernest Jones' Freud Biography.
(Ernst Papanek)

Weekly seminar sessions, case presentations, and supervised casework of future staff members of the Center were continued. Of special value was the weekly *workshop on group therapy* under the supervision of Mrs. Asya Kadis.

Besides the therapeutic and educational program mentioned above, the Center organized outside *lectures for the community*; e.g., we were on the Herald-Tribune Speakers Bureau, and through it our staff was invited to Parent-Teachers Associations, meetings of Women's Clubs and other Adult Education Groups to lecture on Adlerian Psychology.

A special program consisting of a series of six lectures by speakers of our Center was organized by a Methodist Church for the community of a suburban area of Long Island. The response was so good that we were asked to organize courses for the coming fall.

A great deal of effort during the year was geared toward the obtaining of a *license for a Psychiatric Clinic*. We are very happy that with the persistence and endurance of everybody involved and with the very capable support of our lawyers, Victor Jacobs and his associate, Shirley Cherin-Siegler, the Individual Psychology Association of New York, Inc., was *granted this license by the Department of Mental Hygiene of the State of New York* in May, 1954.

A new *Board of Directors* was elected: Mrs. Alfred Adler, Honorary President; Victor Jacobs, Chairman; Garda Bowman, Secretary; Frank L. Babbott, M.D.; Adele Franklin, M.A.; Ben H. Jacob; Paul Lazarsfeld, Ph.D.; Bela Schick, M.D.

Dr. Alexandra Adler is heading the Clinic as the Medical Director. Six other psychiatrists: Drs. Kurt A. Adler, David A. Bressler, Frederic Feichtinger, Joseph Meiers, Helene Papanek, and Oscar Pelzman have consented to volunteer their services as supervising psychiatrists. There will be eight additional medical consultants from the roster of the Alfred Adler Medical Society: Drs. Emil Froeschels, Hyman Goldstein, Erika Mohr, Irvin Neufeld, Olga Brody Oller, Lucia Radl, Aurelia Rozov, and Deso A. Weiss.

For the reorganization of the Center into a Mental Hygiene Clinic new members were added to our staff. Warner Lowe, Ph.D. in Clinical Psychology, former chief clinical psychologist of the Mental Hygiene Clinic

in Glens Falls, New York, is assistant director; Mrs. Emma Weissman is the psychiatric social worker. Mr. Joseph LeBoit is chief psychologist. We are now fully equipped to meet the demands as a psychiatric team.

Thanks go to the Friends Committee chaired by Mrs. David Bressler for all their help, to Mr. Walter Neubauer who battled his way through the complexities of organizational accounts, and last but not least to each and every member of the non-medical staff who have contributed time, effort and enthusiasm in all these past years to achieve this goal. They have been most understanding of the difficulties we have had to cope with because of our financial struggle. Though it will be somewhat easier as a clinic to approach foundations for substantial contributions, and to raise funds, we still shall need all the optimism and never ceasing zeal to keep up this vital work, this living monument to Alfred Adler and his ideas.

Danica Deutsch
Executive Director

June 14, 1954